

Media Release

COMPARE 2026 HEALTH PLANS AND PRICES ON
MARYLANDHEALTHCONNECTION.GOV

BALTIMORE (Oct. 3, 2025) – Marylanders can now preview 2026 health plans and prices on MarylandHealthConnection.gov, the state’s online health insurance marketplace. Use the “Get an Estimate” tool to compare health plans and savings.

Open enrollment to sign up for a 2026 health plan runs from Nov. 1, 2025 through Jan. 15, 2026. Marylanders can enroll in plans from CareFirst, Kaiser Permanente, UnitedHealthcare, and Wellpoint Maryland, Inc. Vision and dental plans also are available.

“Maryland Health Connection is committed to providing affordable health care to all Marylanders.” said Michele Eberle, executive director of the Maryland Health Benefit Exchange. “This year premiums are increasing nationally due to Congress not extending premium tax credits for families who purchase their own health insurance. In anticipation, Maryland created a new premium assistance program to help lower costs for Marylanders. You can preview the 2026 plans and prices on MarylandHealthConnection.gov.”

27-year-old individual living in Baltimore City

Income	Plan Type	Monthly Premium
\$25,000	Lowest cost silver plan*	\$0
\$50,000	Lowest cost gold plan	\$154

40-year-old individual living in Baltimore City

Income	Plan Type	Monthly Premium
\$25,000	Lowest cost silver plan*	\$1
\$50,000	Lowest cost gold plan	\$331

A family of four with two adults age 45 and two children ages 12 and 10 living in Baltimore City

Income	Plan Type	Monthly Premium
\$50,000	Lowest cost silver plan*	\$1
\$75,000	Lowest cost gold plan	\$284

*Individuals and families at these incomes are eligible for additional financial help to reduce their out-of-pocket costs, so a silver plan for these individuals will be less expensive overall than a gold plan. Gold plans normally offer a higher level of coverage than silver plans, but individuals and families at these incomes are eligible for special silver plans that offer a level of coverage as good as or better than a gold plan.

All plans available through Maryland Health Connection cover important health benefits, including doctor visits, prescriptions, mental health services, and more. These plans and prices are for private plans only. Those who qualify for Medicaid may enroll any time of year.

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[**Maryland Health Benefit Exchange**](#) (MHBE), a public corporation and independent unit of state government established in 2011, administers Maryland Health Connection.

[**Maryland Health Connection**](#) (MHC) is the state-based marketplace for Marylanders to shop and enroll in health insurance, as well as determine eligibility for Medicaid and other assistance programs. It is the only place where Marylanders can access financial help such as tax credits to make coverage more affordable.

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