

Media Release

**MARYLANDERS CAN GET MORE FREE HELP ENROLLING
IN PRIVATE HEALTH PLANS IN DECEMBER**

Set a Goal: Enroll Statewide Events Dec. 3-15 Feature Extended Hours

BALTIMORE (Nov. 29, 2022) — Maryland Health Connection will have trained experts to help Marylanders understand their options and enroll in a health plan for 2023 at upcoming statewide events. Shoppers can take advantage of free assistance at a local Set a Goal: Enroll event. Help is also available virtually or by phone with weekend and extended hours.

Last year, the average Maryland Health Connection customer buying private health insurance saved \$289 a month on their monthly premium. Many Marylanders ages 18-34 can get special discounts for 2023 health plans — on top of other savings available through Maryland Health Connection.

“We are pleased that our navigators, who are so knowledgeable and helpful, are providing extra help in December to help Marylanders choose and enroll in a private health plan for the new year,” said Michele Eberle, executive director of the Maryland Health Benefit Exchange.

To be covered starting Jan. 1, Marylanders must enroll by Dec. 31, 2022. Open enrollment runs through Jan. 15, 2023. Coverage starts Feb. 1 for enrollments Jan. 1-15.

New this year, Marylanders can get free help enrolling in a private health plan in 30 minutes or less from an authorized broker by filling out a form on MarylandHealthConnection.gov/find-help/. The website also features Flora, a chatbot, and a live chat. Consumers may enroll online at MarylandHealthConnection.gov, through the free “Enroll MHC” mobile app, or by calling 1-855-642-8572. Help is available in more than 200 languages. Deaf and hard of hearing use Relay.

Open enrollment period is for private health and dental plans only. Those who qualify for Medicaid may enroll any time of year.

County	How to Get Connected	Date, Time, Place
Anne Arundel, Baltimore City, Baltimore, Carroll, Frederick and Howard	HealthCare Access Maryland (HCAM) 410-500-4710 or toll free 855-288-3667	<p>Saturday. Dec. 10 9 a.m.-1 p.m. DoubleTree Pikesville</p> <p>Extended Call Hours Tuesdays and Thursdays throughout December 8:30 a.m.-6 p.m.</p> <p>Saturday, Dec. 3 9 a.m.-1 p.m. Saturday, Dec. 17 9 a.m.-1 p.m.</p>
Allegany, Garrett and Washington	Area Health Education Center (AHEC) West 888-202-0212	<p>Saturday. Dec. 10 10:30 a.m.-4:30 p.m. Washington County Library</p> <p>Saturday. Dec. 17 9 a.m.-4 p.m. The Possibility Shop</p>
Somerset, Wicomico and Worcester	Lower Shore Health Insurance Assistance Program 855-445-5540	<p>Friday. Dec. 16 4-7:30 p.m. Somerset County Health Department</p> <p>Saturday, Dec. 17 9 a.m.-2 p.m. Lower Shore American Job Center and Berlin Health Center</p>
Prince George's	Prince George's Health Connect 301-927-4500	<p>Friday. Dec. 16 5-10 p.m. Saturday. Dec. 17 noon-10 p.m. Sunday. Dec. 18 noon-6 p.m. All events at Regal Movie Theater at Laurel Towne Center</p>

Montgomery	Montgomery County Health Connection 240-777-1815	Extended hours for virtual help: Wednesday, Dec. 7 8 a.m.-7 p.m. Tuesday, Dec. 13 8 a.m.-7 p.m.
Cecil, Caroline, Dorchester, Harford, Kent, Talbot, and Queen Anne's	Seedco 866-492-6057	Saturday, Dec. 10 10:30 a.m.-2:30 p.m. Abingdon Public Library Or call with questions or to schedule an appointment.
Charles, Calvert, St. Mary's	Seedco South 855-339-3007	Friday Dec. 9 3-8 p.m. Navigators at St. Charles Town Center Mall for information and resources Saturday, Dec. 10 10 a.m.-2 p.m. Seedco office in Waldorf Or call with questions or to schedule an appointment.

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Maryland Health Benefit Exchange (MHBE), a public corporation and independent unit of state government established in 2011, administers Maryland Health Connection.

Maryland Health Connection (MHC) is the state-based marketplace for Marylanders to shop and enroll in health insurance, as well as determine eligibility for Medicaid and other assistance programs. It is the only place where Marylanders can access financial help such as tax credits to make coverage more affordable.

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